



www.coventrydynamitechearleaders.co.uk

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'ZOOM' GUIDANCE FOR COACHES AND ATHLETES.

As we are now able to run 'Zoom' meetings I wanted to put in place a few rules with regards to coach and athlete conduct on the platform, please read and adhere to the below.

1. Athletes and Coaches must be suitably dressed, as they would be during a practice (shorts, sports bras, t-shirts, leggings, or similar).
2. If the meeting is going to include activity suitable footwear should be worn (athletic trainers) by both coach and athlete.
3. If the meeting is to include activity coaches and athletes should ensure they have sufficient room to move (enough space to spin in a circle with arms outstretched), they should also ensure that all obstructions have been moved away and are careful of obstructions hanging from the ceiling (light shades or similar).
4. If the participants are under the age of 18 the 'Zoom' call must happen in a communal space, so a living room or garden etc. **Not the athletes bedroom.**
5. **All Athletes under 12 years old must have a parent close by during the meet.**
6. All athletes under 18 should have permission from a parent to participate in the 'Zoom' meet.
7. Coaches should request the meeting in a place visible to athletes parents, ie. team facebook groups and not athlete only whats app chats.
8. All team 'Zoom' meets should consist of 5 or more people (including coach).
9. Our safeguarding policies have been updated to include meeting virtually over 'Zoom'. If athletes, parents or coaches have any concerns they can email or whats app (secure form of messaging) to either Sarah (Program Director) or Keelie Hill (Safeguarding Officer). Details for both these people are below.
Sarah 07927845212 sarah@cdcheer.co.uk
Keelie 07983625743 keelie152@sky.com.
10. The safeguarding policy and conduct rules that would normally apply in the gym also apply on this platform so please use appropriate language and behave appropriately.

Thanks and happy 'ZOOM'ing.